

**KMR ALL STARS**

**2025-2026  
TRYOUT PACKET**

# HELLO DOLL,



At KMR, we're more than just a cheer gym — we're a family. Founded in loving memory of our owner's sister, Kelly, our mission is to create a supportive and inspiring space where athletes of all ages can grow in skill, spirit, and confidence.

Whether you're dreaming of flying high, mastering tumbling or joining a competitive team, KMR is your home for all things cheer.

## Why Choose KMR?

- Family-Focused Atmosphere: We know the power of cheerleading to bring people together. At KMR, every athlete is known and valued.
- Expert Coaching: Our certified coaches bring passion, safety and years of experience to every practice.
- Programs for All Ages & Levels: From beginners to elite athletes — we've got something for everyone.
- Commitment to Excellence: We build strong skills, strong teams and strong character.

Built on Passion and powered by community, KMR is rooted in legacy and driven by love. Come cheer with us — and become part of something truly special.

[WWW.KMRALLSTARS.COM](http://WWW.KMRALLSTARS.COM)

# JOIN THE KMR FAMILY TODAY!

**KINDNESS**

**MOTIVATION**

**RESPECT**

**1**

## **ALL STAR TEAMS (FULL & HALF SEASON)**

**2**

## **TUMBLING CLASSES AND CLINICS\***

Join our fun, high-energy group tumbling classes and clinics for all skill levels! Led by experienced coaches, athletes will build technique, confidence and strength in a supportive team environment. From basics to advanced skills, there's something for everyone.

**3**

## **PRIVATE LESSONS\***

Take your skills to the next level with one-on-one lessons at KMR! Our experienced coaches offer private tumbling lessons tailored to each athlete's goals—from mastering back handsprings to perfecting advanced passes. Whether you're new to tumbling or looking to sharpen elite skills, we provide a safe, supportive and high-energy environment to help every cheerleader grow.

**4**

## **SUMMER CAMPS\***

We're always looking for ways to keep our athletes growing and engaged — and we're excited to share that KMR Camps are in the works!

While these won't launch until the 2026-2027 season, we're planning a variety of fun, skill-building camps designed to inspire, challenge and connect our athletes outside of regular practices.

Stay tuned for more details next season — you won't want to miss it!

\*Activities will be an additional cost

[WWW.KMRALLSTARS.COM](http://WWW.KMRALLSTARS.COM)

# WHAT TO EXPECT

Walking into KMR feels like coming home – full of energy, encouragement and a whole lot of spirit. Here's what you can expect when you join the KMR family:

## A WARM, FAMILY-FRIENDLY ENVIRONMENT

From the front desk to the floor, every athlete and family is welcomed with open arms. We pride ourselves on being a positive, inclusive space where athletes feel safe, supported and celebrated.

## PASSIONATE COACHES WHO TRULY CARE

We are experienced staff, not only skilled in cheer and tumbling, but mentors who are focused on each athlete's growth. We coach with heart, focusing on both skill and confidence-building.

## STRUCTURED, SKILL-BASED CLASSES

Whether it's a tumbling class, team practice or private lesson, sessions are well-organized and tailored to each athlete's level. You'll see real progress and leave feeling accomplished every time.

## A FOCUS ON SAFETY AND GROWTH

Athlete safety is our top priority. We maintain clean facilities, use safe progressions and ensure athletes are learning skills the right way – and at the right time.

## FUN, SPIRIT, AND TEAM BONDING

From themed practices to spirit weeks, KMR is full of cheer-filled fun! We value building friendships and unforgettable team memories along the way.

## OPEN COMMUNICATION

We're here for our families! Expect consistent updates, clear expectations and open doors for any questions or concerns. You're never left guessing.

Come as you are – leave stronger, more confident and part of something special. That's the KMR way.



KMR

ALL STARS

# TRYOUTS

JUNE 22

2025

## WHAT TO EXPECT:

Each athlete will be asked to demonstrate their individual tumbling, jumping, flexibility, dancing and stunting skills in front of a panel of KMR coaches. While tumbling is an important aspect of cheer, it's not the only one we consider. Having the highest tumbling skills doesn't always mean placement on the highest-level team.

## WHAT TO BRING:

- Completed registration forms and payment
- Water bottle
- 3x5 or 4x6 self portrait photo
- Great attitude

## TRYOUT FEES:

\*CASH OR CHECK ONLY MADE  
PAYABLE TO KMR ALL STARS\*

One time cost due at tryouts:

- \$35 - New athletes
- \$30 - Returning athletes
- \$50 - All athletes after June 14, 2025

## DRESS CODE:

Athletes should come in black biker shorts, white t-shirt or sports bra and cheer shoes. Hair must be pulled back. Athletes will receive try out numbers at check in.

## LOCATION & TIME:

Tryouts will take place at:

- All Seasons Athletics, 301 Najoles Rd, Millersville, MD 21108 from 3:30-6:30pm on June 22, 2025.
- A time slot will be sent out individually to each athlete.

# 25-26 SEASON PRICING

Monthly team tuition fees are due on on the 1<sup>st</sup> of each month from June through April in the following amounts per month:

EXHIBITION: \$135

TINY NOVICE: \$155

MINI NOVICE: \$175

TINY PREP: \$195

PREP LEVEL 1: \$235

PREP LEVEL 2: \$245

TINY 1: \$230

LEVEL 1: \$255

LEVEL 2: \$260

LEVEL 3: \$275

LEVEL 4: \$285

LEVEL 5: \$320

LEVEL 6: \$320

## Tuition Fees include the following:

Mandatory practice Wear, bows, music, music license, gym space, admin fees and choreography\*

Competition Fees and Uniforms are separate from monthly tuition.

# PRICING DETAILS

## *Competition Fees*

A detailed competition packet — including event locations, dates and estimated costs — will be released in late July to early August, once we receive final pricing from event producers and confirm which events we'll attend.

How Competition Fees Work:

- Total competition fees are divided into monthly payments from June through April and are separate from the monthly tuition costs
- Final pricing is pending as we await details from hosting companies

We aim to provide as much notice as possible to help families plan, and we'll share exact numbers as soon as they become available!

## *Choreography Fees\* (Future Planning)*

At KMR, we are always working to enhance our athletes' experience and team performances. While choreography fees will not apply for the 2025-2026 season, we want to be transparent about future planning. In upcoming seasons, we may hire outside choreographers to help elevate our routines. When that time comes, each athlete will be responsible for a choreography fee, which will be communicated well in advance and kept as affordable as possible.

We're committed to keeping families informed and prepared every step of the way!

# PRICING DETAILS

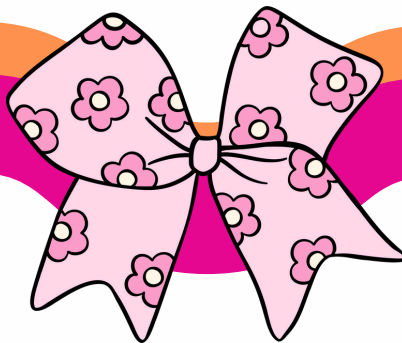
## Practice Wear

Each athlete will receive one set of practice wear included with your tuition.

To help with laundry and ensure athletes are always prepared, we highly recommend purchasing an additional set.

- Estimated cost for the extra set is \$45-\$60, with final pricing to be confirmed soon.

We'll provide ordering details and deadlines once pricing is finalized!



## Uniforms

### **Full Season Teams (all items to own):**

- Uniform: \$400
- Optional Warm Ups: TBD
- Competition Bow: Included in Tuition

**Half Season Teams:** Uniform rental is included in tuition. Pricing TBD.

**All teams:** Uniform covers must be purchased. Pricing TBD.

Black cheer shoes are required. Please purchase them independently.

# PRICING DETAILS

## *Travel Fees & Accommodations*

All KMR families are responsible for their own airfare and hotel costs for out-of-town competitions.

For events that are designated as Stay to Play, KMR will:

- Provide hotel room block information
- Share detailed instructions on how to secure your rooms through the approved housing provider

We'll make sure you receive this information well in advance so your family has time to plan and book. Our goal is to make travel as smooth and stress-free as possible for all KMR families.

## *Refund Policy:*

Please note that refunds are only provided under one of the following circumstances:

- 1.If the athlete is injured prior to the start of the season and unable to participate, as confirmed by a medical professional.
- 2.If the family relocates more than 100 miles away before the season begins.

All other payments made to KMR are non-refundable and non-transferable. This includes tuition, competition fees and any other payments for services or events.

We recommend families review all details and commitments before submitting payments to ensure the best possible planning.

We appreciate your understanding and commitment to our program.

# TERMS & CONDITIONS



**FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:**

## TUITION & FEES

- All tuition and fees must be paid according to the established payment schedule.
- Competition fees are divided into monthly payments from June through April, due on the 1st of each month in addition to tuition.
- Payments are non-refundable and non-transferable. Once payments are made they cannot be refunded or applied to other accounts.

## FINANCES

- Tuition fees are due on the 1<sup>st</sup> of every month from June 2025 to April 2026.
- There must be a 30-day written notice to leave the program otherwise tuition will need to be paid for that month.
- Outstanding balances after 30-days will result in athlete(s) being asked to sit out and a replacement will learn their position.

## REFUNDS

- All payments made to KMR are non-refundable and non-transferable. This applies to tuition, competition fees and any other payments for services or events.



# TERMS & CONDITIONS



## FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:

### FUNDRAISING

- KMR will allow individual fundraising to offset tuition costs, with signed paperwork between families and the gym owner ensuring proper handling of funds.
- Group fundraising events will be mandatory for all families to participate in and will help reduce overall costs.
- KMR All Stars reserves the right to modify or discontinue individual fundraising opportunities as the program grows and evolves.

### TEAM PLACEMENT

- KMR reserves the right to add or substitute athletes into routines or teams at any point during the season as needed.
- All athletes must obtain a USASF membership by July 1st.
- Failure to do so will result in a \$75 fee added to your account.
- KMR athletes are not permitted to compete on another all star team during the same season.

### PRACTICE WEAR

- Athletes are required to wear KMR practice wear to every practice, along with no-show black socks and cheer shoes.
- One set of practice wear is included with your tuition.
- Families are encouraged to purchase an additional set, with an estimated cost of \$45-\$60. Final pricing will be provided once available.

# TERMS & CONDITIONS



**FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:**

## PRACTICES

- Practices will be held twice a week, each session lasting two hours.
- Schedules will be released once all athlete information is collected

## CHOREOGRAPHY FEES

- KMR may introduce choreography fees for future seasons (starting after the 2025-2026 season), with costs communicated in advance.

## GYM ACCESS

- Only registered KMR athletes and coaches are permitted in the gym/practice area.
- Parents and/or guardians must remain in designated parent area.
- Coaches reserve the right to close practices at any time for any reason.
- Family members, siblings and friends are not allowed in the practice space.
- For private lessons or classes, attendance is limited to the athlete and their assigned coach only.

## LIABILITY & SAFETY

- KMR prioritizes safety in all aspects of training and competition. Athletes must follow all safety protocols during practice and events.

# TERMS & CONDITIONS



**FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:**

## TRAVEL

- All families are responsible for their own airfare and hotel costs for out-of-town competitions.
- For Stay to Play events, KMR will provide information on room blocks and instructions for booking rooms.
- A parent or guardian is required to travel with each athlete to all events. KMR does not provide athlete supervision or transportation.
- Families are expected to uphold KMR's standard of conduct while representing the gym at hotels and venues.

## COMPETITIONS

- There will be **mandatory team meetings** prior to each competition.
- Please arrive **on time** and be prepared with all necessary gear, hair/makeup completed and ready to support your team.
- KMR athletes and families are expected to represent our program with respect, responsibility and pride both on and off the competition floor.

## TEAM ROOMS

- Any team room decorating must be approved in advance by the gym owner.

# TERMS & CONDITIONS



**FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:**

## INJURIES

- If an athlete is injured during a KMR activity or outside of the gym, parents/guardians must notify us immediately.
- A doctor's note is required for any injury that limits participation and another doctor's note is required to return to full activity.
- KMR reserves the right to modify routine placements if an injury affects team performance or safety.
- Refunds will not be issued for time missed due to injury, as team spots are held regardless of participation.

## DOCUMENTATION

- If an athlete is injured during a KMR activity or outside of the gym, parents/guardians must notify us immediately.
- Injured athletes will need to provide a doctor's note to return to physical activity.

## DRUGS & ALCOHOL

- KMR All Stars has a zero tolerance policy for drug or alcohol use.
- Any athlete found in violation of this policy will be immediately dismissed from the program.

# TERMS & CONDITIONS



**FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:**

## ATTENDANCE

Consistent attendance is critical to the success and safety of the team.

- All athletes are expected to attend all practices, camps and competitions unless approved in advance by KMR staff.
- Planned absences (vacations, school events, etc.) must be communicated in writing at least 2 weeks in advance minimum so that alterations to scheduling may be made if necessary.
- Athletes are allowed up to **2 unexcused absences per season**. Once you have used your 2 unexcused absences, you will be notified. If another practice is missed, that will **result in suspension**. Excessive unexcused absences may result in loss of position in routines and/or removal from the team.
- Our attendance policy **WILL BE STRICTLY ENFORCED**.
- Consistent attendance is critical to team success, athlete safety and individual development. Please review the guidelines below for clear definitions and expectations regarding excused and unexcused absences (next page).

# TERMS & CONDITIONS



**FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:**

## ATTENDANCE CONT.

Excused absences include:

- Illness (a doctor's note is required before returning to practice)
- School events that impact grades (please provide a note from the school or teacher)
- KMR All Stars supports athletes who choose to participate in other sports or extracurricular activities (e.g., softball, soccer, etc.). Athletes will be excused from practice or team activities provided that advance communication is made regarding any scheduling conflicts. It is the responsibility of the athlete and their parent/guardian to notify KMR staff as early as possible so that we can make necessary accommodations and maintain the athlete's good standing with the program.

Unexcused Absences include:

- Birthday parties
- Banquets
- Other non-academic or social events (e.g., party, concert)
- Oversleeping or forgetting practice
- Non-emergency personal appointments scheduled during team activities
- Incomplete homework or school-related tasks used as a reason without prior communication
- Lack of transportation without prior effort to arrange a solution
- Family vacations or trips not communicated in advance and approved
- "Not feeling like coming" or general lack of motivation



# TERMS & CONDITIONS



## FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:

### HIGH SCHOOL CHEER

At KMR, we fully support our athletes who choose to participate in high school cheerleading – we love seeing our athletes thrive in both environments!

To ensure a successful season for everyone, we have a few important guidelines:

- High school cheer participation is limited to athletes in grades 9-12.
- KMR will be flexible and excuse athletes for high school football games, local competitions, regional competitions and state championships.
- Athletes must provide KMR with a full schedule from their high school cheer team as early as possible.
  - This helps us coordinate practices, routines and adjustments that keep both teams running smoothly.
- Communication is key – our goal is to work together to support your athlete and avoid unnecessary conflicts.

KMR firmly believes that with planning and teamwork, athletes can successfully enjoy the best of both cheer worlds!

### CROSSOVERS

- Athletes may be permitted to compete on multiple teams in future seasons, based on the growth and needs of the program.
- Competing on multiple teams will be an additional cost
- Athletes are not permitted to compete on both half season and full season teams within the same year.
- Additional details and information to come. If you have any questions, please email [kmrallstars@gmail.com](mailto:kmrallstars@gmail.com).

# TERMS & CONDITIONS



## FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:

### SUMMER PRACTICES

- We understand that families plan vacations during the summer and we want everyone to enjoy time together while still preparing for a successful season.
- Athletes **are allowed to miss up to 2 weeks** of summer practices during the months of June–August.
- Any missed time beyond 2 weeks must be approved in advance by KMR staff.
- Even during summer, attendance is important for building skills, teamwork and readiness for the season ahead.
- Please communicate any planned summer absences as early as possible so we can plan accordingly.

### LATENESS

We live by the phrase: "If you're early, you're on time. If you're on time, you're late."

- Athletes should arrive at least 15 minutes early and be ready to begin on time.
- Any athlete who arrives more than 20 minutes late will be marked absent for that practice.

Respecting the team's time and preparation is part of being a dependable teammate.

### RESIGNATION

Any athlete who chooses to resign from KMR All Stars before **October 1st** will not be allowed to:

- Attend future private lessons or classes
- Try out for the following season

# TERMS & CONDITIONS



**FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:**

## CELL PHONES

- Cell phones are not allowed during practices, classes or lessons.
  - Athletes must store phones in the designated bin or locker upon arrival.
- During competitions:
  - Phones are not permitted in warm-up areas.
  - Parents are responsible for holding onto athlete phones during warm-ups and performances.
  - Phones may be used by athletes at all other times during events.

## SPORTSMANSHIP

- At KMR, we are committed to fostering a respectful, positive and team-centered environment at all times — in and out of the gym.
- Athletes and families are expected to show good sportsmanship to teammates, coaches, judges and athletes from other programs.
- Disrespectful or negative behavior **will not be tolerated** and may result in disciplinary action or removal from the program.
- Any scoring questions, inquiries or event concerns will be addressed only by the gym owner or coaching staff.
- Parents and athletes are not permitted to approach judges or event staff.
- Let's work together to represent KMR with class, kindness, and unity at every event.

# TERMS & CONDITIONS



**FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:**

## **BULLYING**

- KMR has a strict zero tolerance policy for bullying.
- Any form of bullying — in person, online, or through messaging — will result in immediate dismissal from the program.

## **SOCIAL MEDIA**

- KMR athletes and families represent the gym both online and in person. We expect all posts, comments and shared content to reflect our values of respect, positivity and sportsmanship.
- When wearing KMR apparel or uniform, athletes must behave appropriately in all social media content — including photos, videos and comments.
- No inappropriate language, gestures or behavior should appear in any post or story associated with KMR.
- Do not share or post team routines, stunts or music during the season.
- Negative comments about teammates, other programs or events will not be tolerated and may result in disciplinary action.
- KMR reserves the right to address and take action on any social media content that reflects poorly on the program.

# TERMS & CONDITIONS



**FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:**

## PRIVACY

- All choreography and music are the property of KMR and are not to be shared, shown or traded under any circumstances.
- No full routines or clips of routines may be posted on social media at any time during the season.
- Sharing routines compromises competitive integrity and team privacy.

## APPAREL /MERCHANDISE

To protect our brand and ensure consistency, the following guidelines apply to all KMR apparel:

- The KMR logo and name are trademarked and are for official KMR use only.
- Families and athletes are not permitted to create or sell their own KMR-branded clothing or merchandise.
- All official apparel and merchandise will be designed, approved and sold exclusively through KMR.
- Any unauthorized use of the KMR name or logo may result in removal from the program.
- We encourage all athletes and their families to show their KMR pride by wearing team apparel and representing our colors at practices, events and competitions. Wearing KMR gear not only promotes unity but also helps build a strong, positive team culture.
- We appreciate your support in keeping our brand unified and professional!

# TERMS & CONDITIONS



## FAMILIES AGREE TO THE FOLLOWING TERMS & CONDITIONS WHEN ENROLLING IN KMR ALL STAR CHEER:

### DRESS CODE

- Athletes must maintain a clean, groomed appearance and practice good personal hygiene at all times.
- No jewelry is permitted during practices, private lessons, classes or competitions.
- No fake nails are allowed at practices or competitions. Nails must be no longer than the fingertip for the safety of both the athlete and teammates.
- Hair must be secured away from the face for all practices, lessons and classes.
- Competition hairstyles will be communicated in advance of each event.

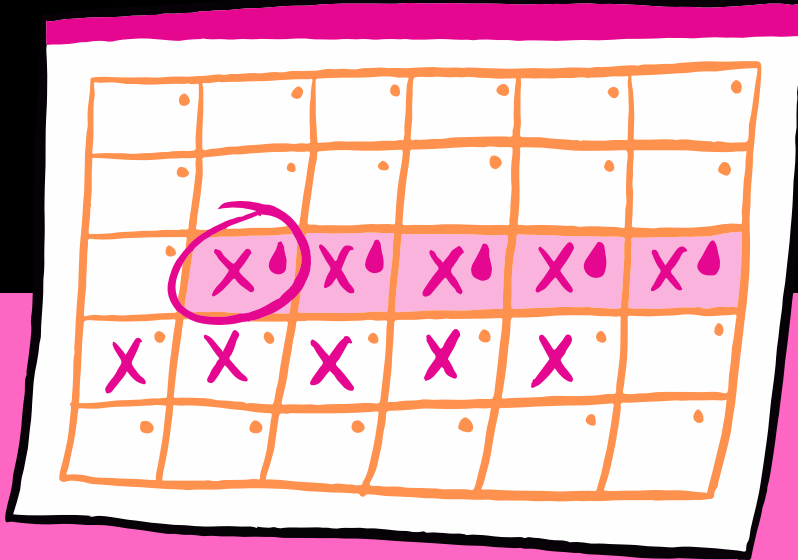
Athletes must wear:

- Full uniform with black cheer shoes for all award ceremonies and performances, unless told otherwise
- Cheer shoes at all practices, events, classes and lessons
- Athletes should arrive ready to take the floor, including being pre-taped if needed.

Adhering to the dress code helps promote safety, team pride and professionalism at all times.



# GYM CLOSURES



Below are the planned KMR gym closure dates for 2025. These may be updated as needed and families will be notified in advance of any changes:

- **April 3-5 - Spring Break (Easter Weekend)**
- **July 4-6 - Independence Day Weekend**
- **August 23-September 1 - Summer Break**
- **November 27-30 - Thanksgiving Break**
- **December 22-26 - Winter Break**
- **December 31 - Closes at 3:00 PM (New Year's Eve)**
- **January 1 - Closed (New Year's Day)**

These dates are subject to change based on the season's needs and competition scheduling.

# FULL SEASON SCHEDULE

**JUNE**  
**22**

## **TRYOUTS (JUNE)**

Athletes will be adjudicated for skill levels and team placements

**JULY**  
**05**

## **TEAM PLACEMENTS (JULY)**

All team placements are made at the discretion of the coaching staff and are subject to change as needed throughout the season.

**JULY**  
**07**

## **SUMMER SEASON (JULY-AUG)**

Focus on skill-building, team bonding and foundational training

**SEPT**  
**01**

## **FALL SEASON (SEPT-NOV)**

Full routine practices, choreography and competition prep

**DEC**  
**01**

## **COMPETITION SEASON (DEC-APRIL)**

Competitions start and full routine practices and adjustments continue

Detailed team-specific practice schedules will be shared after evaluations and team placements.  
Attendance during all seasons is important for individual growth and team success.



# FUNDRAISING

At KMR, we understand that cheer can be a financial commitment — and we're committed to helping families manage costs through fundraising opportunities.

- ☒ **BOOSTER CLUB (COMING SOON)**
- ☒ **INDIVIDUAL FUNDRAISING**
- ☒ **GROUP FUNDRAISING**

## **Booster Club (Coming Soon):**

We are actively planning to launch a KMR Booster Club in the near future. This group will help support fundraising efforts and offer organized support for gym events and team needs. Stay tuned for more details as this develops!

## **Individual Fundraising (Optional):**

While we work toward forming our Booster Club, we will allow individual fundraising to help offset tuition or competition fees. If you choose to fundraise on your own, you must complete a signed agreement with the gym owner to ensure proper handling of all funds. All proceeds must be turned in to KMR directly and will be allocated to your athlete's account appropriately. KMR All Stars reserves the right to modify or discontinue individual fundraising opportunities as the program grows and evolves.

## **Group Fundraising (Mandatory):**

KMR will also offer mandatory group fundraising events to help lower costs for all families. Participation in these events will be required and is a great way to work together as a team and build community spirit while easing financial strain. We'll share more details and dates for group fundraising opportunities throughout the season.



# KEEP IN TOUCH

Have questions or need assistance? We're here to help!  
For urgent matters or scheduling conflicts, please email or message the gym directly — we do our best to respond within 24 hours during the season.



***Krista Reed***

OWNER, CEO

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Follow us on social media for  
updates, reminders, and team highlights!



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